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# Hosta

(*Hosta sp.*)

H. seiboldii

H. montana

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## Features:

- Food:  
The shoots, leaf petiole, whole leaf and flowers are edible raw. Best harvested when young. Can harvest by cutting down and allowing new shoots to come again. Hosta young leaves are called Uru, often steamed. Hosta flower stems taste like asparagus, and are snapped off in the same way
- Ground cover:  
Shield the sun from the base of fruit trees making a good ground cover.

## Characteristics:

<b>Size</b>	2' tall x 3' wide	<b>Sun/Shade</b>	full sun & shade
<b>Soil</b>	variety	<b>Pollination</b>	self fertile
<b>Zone</b>	4-9	<b>Water</b>	moist
<b>Bloom</b>	May-June	<b>Harvest</b>	April thru July
<b>Decid. /Evrgreen</b>	Deciduous		